

THREADS, KNOTS, TAPESTRIES

How a tribal connection is revealed through dreams and synchronicities

Tess Castleman – Biography *Author of Threads, Knots, Tapestries*

Tess Castleman, M.A., L.P.C., I.A.A.P., is a Zurich-trained Diplomate Jungian Analyst (1989) and training analyst. Her practice specializes in groups and individuals with emphasis on dream analysis, art interpretation, sand tray projection, in-depth analysis, spiritual and religious issues.

She has facilitated dream groups for over seventeen years including an innovative group for the Dallas County Jail called The Jail Project. In addition she leads expressive art workshops and therapeutic writing seminars. She has been practicing psychology since 1979 and brings the full force of her rich dream analysis experience to her newest book Threads, Knots, Tapestries.

Previous publications include “Heyoka Shamanism and Analytical Psychology” -- *Shamanic Applications Review* (1998); as well as numerous lectures, seminars and workshops across the United States on dreams, dream groups, C.G. Jung, eating disorders, the Mother Complex among others.

She is President and past Director of Training of the C.G. Jung Institute of Dallas and past President and Advisor Board Member of the C.G. Jung Society of North Texas. She serves on the Board of the Dallas Group Psychotherapy Association and is a member of the International Association of Analytical Psychology.